

media release

September 28, 2020

\$184,500 Grow Grant from the Ontario Trillium Foundation

Hamilton, Ontario – On May 26, 2020 the <u>Ontario Trillium Foundation announced</u> their Grow grant support for non-profit organizations who help build healthy and vibrant communities in Ontario. Banyan Community Services is pleased to be recipient of the 3-year Grow Grant funds for our **Self-Understanding and Regulation of Emotions (SURE) program**.

The youth along with their parents and Banyan staff discuss topics that would help them develop pro-social behaviours and develop strategies to better express emotions effectively. The group sessions focus on day-to-day issues and provide the youth with tools on how to deal with situations in different environments. Thanks to the Ontario Trillium Foundation 3-year Grow Grant, the <u>SURE program</u> can develop and achieve even more.

Banyan's CEO, Kim Ciavarella remarked, "This funding allows Banyan to continue to offer and grow the SURE program as well as continue to build on Banyan's reputation in the community as leaders who provide robust, evidence-informed programming in this service field. We have seen first-hand the positive impact this program has, which would not have been possible without the generous support of the Ontario Trillium Foundation."

Banyan is a not-for-profit organization that has provided quality services to the youth justice, children's, and senior`s community support sectors since 1978. Banyan is committed to improving the mental, physical, and social well-being of at risk populations in our service areas of Hamilton, Niagara, Brant, Haldimand, Norfolk, and Wellington.

An agency of the Government of Ontario, the Ontario Trillium Foundation (OTF) is one of Canada's leading grantmaking foundations distributing over \$100 million and supporting more than 600 local projects annually to build healthy and vibrant Ontario communities.

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